

Norwood Park Senior Center

Lunch Menu



LUNCH ITEMS SUBJECT TO CHANGE ** Milk, Bread, and Fruit always included **

Call the day of to reserve 773-775-6071 *Lunch served at Noon*

JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CLOSED			¹ CLOSED NEW YEAR'S DAY	² Beef Chili Corn Muffin Shredded Cheese Tomatoes/Onions/Peppers	³ Salsa Chicken Tortillas Peppers/Onions Pinto Beans	⁴ CLOSED
⁵ CLOSED	⁶ Bone-In Thai Chili Chicken Green Beans Diced Carrots	⁷ Arroz Con Pollo Black Beans Corn	⁸ Beef Meatloaf Mashed Potatoes Asparagus	⁹ Roast Beef w/American Cheese on Bread Snap Peas & Fruit Cup (BOX)	¹⁰ Beef Sloppy Joe Zucchini Cauliflower	¹¹ CLOSED
¹² CLOSED	¹³ Mushroom Chicken Peas Carrots	¹⁴ Beef Nachos Pinto Beans Peppers&Onions	¹⁵ Egg Chef Salad Veggie Crackers Jello-O (BOX)	¹⁶ Beef Bolognese Bianco Italian White Bean Salad Asparagus	¹⁷ BBQ Chicken Sandwich w/Cheese Spinach Corn	¹⁸ CLOSED
¹⁹ CLOSED	²⁰ CLOSED Martin Luther King Day	²¹ Turkey, Turkey & Ham Sandwich on a Hoagie Cucumber Slices Cookie (BOX)	²² Smothered Chicken Green Beans Sweet Potatoes	²³ **Special- MLK LUNCH** Breaded-bone in chicken Waffle w/syrup Mac & Cheese Waldorf Salad	²⁴ Chicken Fajitas Peppers & Onions Black Beans	²⁵ CLOSED
²⁶ CLOSED	²⁷ Chicken Chop Suey Mushroom & Peppers Peas	²⁸ General Tso's Beef Meatballs Edamame Carrots	²⁹ Cheese Tortellini In Marinara Shredded Mozzarella Cauliflower & Spinach	³⁰ Beef Chili Corn Muffin Shredded Cheese Tomatoes/Onions/Peppers	³¹ Roast Beef & Cheddar Sandwich on a Hoagie Tomato Slices Jell-O (BOX)	CLOSED

