



Department of Family and Support Services  
 Senior Services Area Agency on Aging  
 Norwood Park Satellite Senior Center  
 5801 N. Natoma Chicago, IL. 60631  
 Open Monday-Friday from 8:30-4:30  
 Phone (773)775-6071

**June  
2022**

*Norwood Park Senior Center Reshaping Aging®*

| <b>Monday</b>   | <b>Tuesday</b>  | <b>Wednesday</b>  | <b>Thursday</b>  | <b>Friday</b>   |
|---|---|---|--|---|
| <p style="text-align: right;"><b>5/30</b></p> <p><b>Happy Memorial Day!</b></p>   | <p style="text-align: right;"><b>5/31</b></p> <p>Turkey &amp; White<br/>American Cheese on WG<br/>Bread Cucumber Salad<br/>Fruit Juice Seasonal<br/>Fresh Fruit<br/>Jello Cup, Milk</p> | <p style="text-align: right;"><b>6/1</b></p> <p>Submarine Sandwich on<br/>Steak Bun<br/>Sliced Tomato<br/>Fruit Cup<br/>Cookie<br/>Fruit Juice</p>  | <p style="text-align: right;"><b>6/2</b></p> <p>Chicken Filet<br/>Sandwich<br/>Potato Salad<br/>Fruit Juice<br/>Blueberry Muffin</p>   | <p style="text-align: right;"><b>6/3</b></p> <p>Tuna Salad Sandwich on<br/>WG Hamburger Bun<br/>Garbanzo Bean Salad<br/>Fruit Juice<br/>Fruit Cup<br/>Jello Cup , Milk</p>                                  |
| <p style="text-align: right;"><b>6/5</b></p> <p>Ham /Cheese<br/>Diced Pears<br/>Whole Grain English<br/>Muffin Orange Juice<br/>Fresh Fruit</p>   | <p style="text-align: right;"><b>6/7</b></p> <p>Chicken Salad Sandwich<br/>on WG Hamburger Bun<br/>Coleslaw<br/>Fruit Juice<br/>Seasonal Fresh Fruit,<br/>Cookie, Milk</p>              | <p style="text-align: right;"><b>6/8</b></p> <p>Roast Beef &amp; Mozzarella<br/>Cheese on WG Steak Bun<br/>Three Bean Salad Fruit<br/>Juice Seasonal Fresh Fruit<br/>Jello Cup , Milk<br/>Mayonnaise &amp; Mustard</p>  | <p style="text-align: right;"><b>6/9</b></p> <p>Pancakes<br/>Cottage Cheese Sun<br/>butter/wow butter Sliced<br/>Peaches<br/>Orange Juice<br/>Syrup Packet<br/>Apple Milk</p>  | <p style="text-align: right;"><b>6/10</b></p> <p>Greek Pasta Salad w/<br/>Chicken, Feta, cucumbers, &amp;<br/>Diced Tomatoes ,<br/>Garbanzo Bean Salad<br/>Seasonal Fresh Fruit<br/>Jello Cup, Milk</p>     |
| <p style="text-align: right;"><b>6/13</b></p> <p>Roast Beef &amp; Mozzarella<br/>Cheese on WG Steak Bun<br/>Three Bean Salad Fruit<br/>Juice Seasonal Fresh Fruit<br/>Jello Cup<br/>Mayonnaise &amp; Mustard<br/>Milk</p> | <p style="text-align: right;"><b>6/14</b></p> <p>Turkey &amp; White<br/>American Cheese on WG<br/>Bread Cucumber Salad<br/>Fruit Juice Seasonal<br/>Fresh Fruit<br/>Jello Cup, Milk</p> | <p style="text-align: right;"><b>6/15</b></p> <p>Submarine Sandwich on<br/>Steak Bun<br/>Sliced Tomato<br/>Fruit Cup<br/>Cookie<br/>Fruit Juice</p>   | <p style="text-align: right;"><b>6/16</b></p> <p>Chicken Filet<br/>Sandwich<br/>Potato Salad<br/>Fruit Juice<br/>Blueberry Muffin</p>  | <p style="text-align: right;"><b>6/17</b></p> <p>Tuna Salad Sandwich on<br/>WG Hamburger Bun<br/>Garbanzo Bean Salad<br/>Fruit Juice<br/>Fruit Cup<br/>Jello Cup , Milk</p>                                 |
| <p style="text-align: right;"><b>6/20</b></p> <p>Summer Special Lunch<br/>We will be making a special<br/>summer lunch<br/>Stay Tuned for more info!!</p>   | <p style="text-align: right;"><b>6/21</b></p> <p>Chicken Salad Sandwich<br/>on WG Hamburger Bun<br/>Coleslaw<br/>Fruit Juice<br/>Seasonal Fresh Fruit,<br/>Cookie, Milk</p>             | <p style="text-align: right;"><b>6/22</b></p> <p>Roast Beef &amp; Mozzarella<br/>Cheese on WG Steak Bun<br/>Three Bean Salad Fruit<br/>Juice Seasonal Fresh Fruit<br/>Jello Cup , Milk<br/>Mayonnaise &amp; Mustard</p> | <p style="text-align: right;"><b>6/23</b></p> <p>Pancakes<br/>Cottage Cheese Sun<br/>butter/wow butter Sliced<br/>Peaches<br/>Orange Juice<br/>Syrup Packet<br/>Apple Milk</p> | <p style="text-align: right;"><b>6/24</b></p> <p>Greek Pasta Salad w/<br/>Chicken, Feta,<br/>cucumbers, &amp; Diced<br/>Tomatoes ,<br/>Garbanzo Bean Salad<br/>Seasonal Fresh Fruit<br/>Jello Cup, Milk</p> |
| <p style="text-align: right;"><b>6/27</b></p> <p>Roast Beef &amp; Mozzarella<br/>Cheese on WG Steak Bun<br/>Three Bean Salad Fruit<br/>Juice Seasonal Fresh Fruit<br/>Jello Cup<br/>Mayonnaise &amp; Mustard<br/>Milk</p> | <p style="text-align: right;"><b>6/28</b></p> <p>Turkey &amp; White<br/>American Cheese on<br/>WG Bread Cucumber<br/>Salad Fruit Juice<br/>Seasonal Fresh Fruit<br/>Jello Cup, Milk</p> | <p style="text-align: right;"><b>6/29</b></p> <p>Submarine Sandwich on<br/>Steak Bun<br/>Sliced Tomato<br/>Fruit Cup<br/>Cookie<br/>Fruit Juice</p>   | <p style="text-align: right;"><b>6/30</b></p> <p>Chicken Filet<br/>Sandwich<br/>Potato Salad<br/>Fruit Juice<br/>Blueberry Muffin</p>  | <p style="text-align: right;"><b>7/1</b></p> <p>Tuna Salad Sandwich<br/>on WG Hamburger<br/>Bun Garbanzo Bean<br/>Salad Fruit Juice<br/>Fruit Cup<br/>Jello Cup , Milk</p>                                  |

