

Norwood Park Senior Center

Lunch Menu



September

LUNCH ITEMS SUBJECT TO CHANGE

Call the day of to reserve 773-775-6071

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 CLOSED	4 CLOSED FOR LABOR DAY	5 Turkey Sloppy Joe Corn, Sweet Potatoes, Fresh Pear and Milk	6 Korean Meatballs w/Rice Diced Carrots, Green Beans, Fruit Cup & Milk	7 Beef Meatloaf Mashed Potatoes, Peas, Fresh Orange & Milk	8 Southwest Chicken W/Black beans, peppers and onions Fresh Apple & Milk	9 CLOSED
10 CLOSED	11 Tomato Cream Chicken Broccoli, Cauliflower Fresh Orange and Milk	12 BBQ Chicken Mashed Potatoes, Carrots, Fresh Apple and Milk	13 Beef Stir-Fry w/ Brown Rice, green beans and zucchini Fresh Pear and Milk	14 Chicken Taco/Cheddar Cheese, Tortillas, Pinto Beans, Pepper/Onions, Fresh Apple & Milk	15 SPECIAL PULLED PORK coleslaw, Hawaiian bread, fruit, dessert LUAU Anniversary Party \$5	16 CLOSED
17 CLOSED	18 Chicken Parmesan Spinach, cauliflower, Fresh pear and Milk	19 Beef Patty w/Cheese Diced Carrots, BBQ Beans, Apple & Milk	20 Pasta w/Meatballs in Marinara Sauce Broccoli, Carrots, Fresh orange and Milk	21 Breaded Fish Square Zucchini, Peas, Fruit Cup and Milk	22 Sub Sandwich on steak bun(Turkey salami/ham) deasonal fresh fruit, fruit juice, Jello cup, milk	23 CLOSED
24 CLOSED	25 Herb Roasted Chicken BBQ Beans Salad Peas, Fresh Orange Milk	26 General Tso Chicken Green Beans, Cauliflower, Fruit Cup Milk	27 Special box lunch Turkey on Hawaiian roll, Pickle, fresh cut tropical fruit, pasta salad, cookie, Iced Tea	28 Chicken Mushroom Alfredo Pasta Broccoli, Carrots, Fresh Pear an Milk	29 Beef Picadillo Pinto Beans, Corn, Fresh Orange AND milk	30 CLOSED
31 CLOSED						

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