



Norwood Park Senior Center

Reshaping Aging®

5801 N. Natoma Chicago, IL. 60631
 Open Mon-Fri 7:30am-4:30pm/ Sat 7:00-11:00am
 Phone (773)775-6071 www.npseniorcenter.org

MARCH 2020

CDFSS

Monday	Tuesday	Wednesday	Thursday	Friday
2 8:15 Core Class 1:00 Bal & Arthritis 1:30 Knitting 1:30 Dominos 1:30 Canasta	3 1:00 Dominos 1:00 Zumba 1:00 GeNerations 1:30 Ukulele	4 8:15 Core 1:00 Arthritis Class 1:30 Music Appreciation-	5 9:30Needlecraft 10:00 Wood Carv 11:30 Nutritionist 1:00 GeNerations 1:00 Trivial Pursuit	6 8:15 Core Class 1:00 Balance Class 1:30 Pinochle 1:30 Laughter Yoga
9 8:15 Core Class 1:00 Bal & Arthritis 1:30 Knitting 1:30 Dominos 1:30 Canasta	10 1:00 Dominos 1:00 Zumba 1:00 GeNerations 1:30 Ukulele	11 8:15 Core 1:00 Arthritis Class	12 9:30Needlecraft 9:30 Pharmacist 9:30 Medicare 10:00 Wood Carv 1:00 GeNerations 1:00 Trivial Pursuit	13 8:15 Core Class 9:45 pie Day 1:00 Balance Class 1:30 Pinochle
16 8:15 Core Class 1:00 Bal & Arthritis 1:30 Knitting 1:30 Dominos 1:30 Canasta	17 12:00 St Patrick's Day Lunch 1:00 Dominos 1:00 Zumba 1:30 Ukulele	18 8:15 Core 1:00 Arthritis Class 1:30 Music Appreciation-	19 9:30 Needlecraft 10:00 Wood Carv 1:00 Trivial Pursuit 1-4 GeNerrations Presents	20 8:15 Core Class 1:00Balance Class 1:30 Pinochle
23 8:15 Core Class 9:45 Spring Brunch 1:00 Bal & Arthritis 1:30 Knitting 1:30 Dominos 1:30 Canasta	24 1:00 Dominos 1:00 Zumba 1:30 Ukulele	25 8:15 Core 10:00 Mardi Gras Trip 1:00 Arthritis Class	26 9:30Needlecraft 10:45 Book Club 11:00 Line Dancing Trip 1:00 Trivial Pursuit	27 8:15 Core Class 1:00 Balance Class 1:30 Pinochle 1:30 Laughter Yoga
30 8:15 Core Class 1:00 Bal & Arthritis 1:30 Knitting 1:30 Dominos 1:30 Canasta	31 1:00 Dominos 1:00 Zumba 1:30 Ukulele		Exercise M-W-F 9:00 & 10:00 Yoga T-Th 8:00 Nurse 10:00 Mon Social Worker Wed	Bocce 11:00 M-W-F Line Dancing Tues Beginners 9:15 Reg10:00 Sat 9:00 Pinochle Practice Thursdays 11:00

March at Norwood Park Senior Center

March	13th	Friday	Pie Day
	9:30	Stop by for a slice of pie between the exercise classes. We have peach or cherry pie	
March	17th	Wednesday	St. Patrick's Day Lunch
	12:00	Corn Beef and all the trimmings. \$2.00 suggested donation. Sign up at the front desk	
March	19th	Thursday	GeNarations Presents
	1:00	Hear stories about choices. Reservations Required	
March	23rd	Monday	Spring Brunch
	9:45	Join us for a Spring Brunch. No reservation needed	
March	25th	Wednesday	Trip to Mardi Gras
	10:00	Enjoy a Louisiana style lunch and Zydeco Band Music at Warren Park. You need to register with the Chicago Park District in person or on line. Cost \$5. Sign up at the front desk for transportation only.	
March	26th	Thursday	Line Dance Performance
	TBD	The Norwood Park Line Dancers will perform at the Cultural Center. No Charge. Transportation on your own.	